



## **Liposomal Essential Oil Remedy Information**

### **STORAGE:**

Store your liposomal in the refrigerator. Shake before use.

### **TEMPERATURE and SHELF LIFE:**

Temporary exposure to warmer temperatures will not affect the integrity of the liposomal. The liposomal essential oil remedies are best when used before best by date written on the label.

### **DOSAGE:**

Unless otherwise specified by your practitioner, the standard adult dose is 1 Tablespoon 2x/day for the first week; then increase by 1 Tablespoon 2x/day each week up to 4 Tablespoons 2x/day. It is most effective to take your Liposomal EO Remedy 30 minutes before or after consuming food.

### **TASTE:**

If the taste is too strong, the liposomal can be taken with coconut, almond, oat or hemp milk to soften the flavor.

### **INGREDIENTS:**

Refer to your formula page and/or bottle label for a list of your essential oils.

Other ingredients include sunflower lecithin, spring water, colloidal silver, stevia extract and Himalayan saturated salt solution.

### **BOTTLE SIZE:**

Our quart sized amber bottles are a little more than 32 oz. Because of this the fill line of your liposomal may not be to the very top of the bottle.

**REFILL ORDERS:** For local pick up refill, place order 3 business days in advance. For shipping refill, place order 1 week in advance to allow for ship time.

**Because our liposomals are made to order and handcrafted, they are non refundable and we are not able to accept returns.**

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